



Kempo Martial Arts Dojo

www.kempomartialarts.net

Effective January 1, 2009

Monday

Open Adult	10:00 AM - 11:00	
Young Warrior	4:30-5:15	YA Brown / Brown Stripe 6:30-7:30
YA Green / Green Stripe	5:20-6:20	Adv. Adult 7:40-8:40

Tuesday

YA Beginner	4:15- 5:15	YA Blue Stripe 6:30-7:30
YA Blue Belt	5:25- 6:25	YA Candidate-Black 7:35-8:35
		Beg. - Int. Adult 8:40-9:40

Wednesday

Open Adult	10:00 AM - 11:00	YA Green / Green Stripe 5:20-6:20
Little Tigers	4:10-4:40	YA Brown / Brown Stripe 6:30-7:30
Young Warrior	4:30-5:15	Adv. Adult 7:40-8:40

Thursday

YA Beginner	4:15- 5:15	YA Blue Stripe 6:30-7:30
YA Blue Belt	5:25- 6:25	YA Candidate-Black 7:35-8:35
		Beg. - Int. Adult 8:40-9:40

Friday

Closed-----Closed

Saturday

Open Adult	9:00-10:00	Open YA (White- Blue Stripe) 11:00-12:00
Open Young Warrior	10:10-10:55	YA Green / Green Stripe 12:10-1:10
Little Tigers	10:45-11:15	YA Brown – Black 1:15-2:15

Sunday

Open Adult	9:30-10:30	YA (white-blue stripe) 11:30-12:30
Open Young Warrior	10:40-11:25	YA (Green-Black) 12:40-1:40

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| Young Warrior = (5-7 yrs.) White, Yellow, Orange Belts | Beginner Young Adult = (8-14) White, Yellow & Orange |
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| Beginner & Intermediate Adults = White – Green Belt | Advanced Adults = Green Stripe – Black Belts |
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NASSAU

Farmingdale
615 Main Street
516-753-6635

Franklin Square
380 Franklin Avenue
516-358-1649

Hicksville
26-28 West Village Green
516-520-5110

Levittown
54 Division Avenue
516-796-0320

Valley Stream
1690 Central Court
516-256-0003

SUFFOLK

Holbrook
390 Furrows Road
631-585-6111

Manorville
460-6 County Road
631-395-6876

Smithtown
530 Smithtown Bypass
631-979-3541

West Babylon
179A Great East Neck Road
631-321-1386